



YOUR BREAKTHROUGH DISCOVERY QUESTIONNAIRE

An invitation to pause, reflect, and open the doorway to transformation.

Name:

Birth

City/Country:

**Birthdate &
time**

(if known):

E-mail:

Step Into the Mystery

If your life were a story, what chapter would you title this moment? Why?

What is calling you right now—a whisper, a nudge, or a longing you can't ignore?

Exploring Your Depths

What feels heavy, like a weight you're ready to release?

When do you feel most alive and connected to the essence of who you are?

Step into Possibility

If you could wake up tomorrow and one thing in your life had shifted, what would it be?

What are you ready to say "yes" to? What scares you about that "yes"?

What qualities or energies do you wish to embody more fully?

A Sacred Collaboration

What drew you to this work, and what about it feels aligned with where you are?

Have you explored Gene Keys, shadow work, or self-reflection before?

What has stood out in your experience?

What do you most hope to experience or achieve through our contemplation together?

Honouring Your Path

This is just the beginning—a doorway into your unfolding journey.

There's no rush, no right or wrong way to approach this. Every word you write carries the energy of your truth, weaving together the story of where you are and where you're ready to go. Whether this moment is a quiet pause for self-reflection or the first step into a deeper collaboration, your willingness to be present with yourself is a profound act of courage. **Thank you for stepping into this space.**